FALL INTERIM POOL SCHEDULE

// UPPER EAST SIDE CAMPUS
// NOVEMBER 9 - DECEMBER 20

RECREATIONAL SWIM (OLYMPIC OR TEACHING & EXERCISE POOL)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		SUNDAY	
T/E POOL	T/E POOL	T/E POOL	T/E POOL	T/E POOL	T/E POOL	OLYMPIC POOL	T/E POOL	OLYMPIC POOL
7:30pm - 9pm **Family Rec.**	8pm - 9pm **Adult Rec.**	7:30pm - 9pm **Family Rec.**	8pm - 9pm **Adult Rec.**		5:30pm - 7pm **Family Rec.**	1pm - 4pm **Family Rec.**	6pm - 7pm **Adult Rec.**	12:45pm - 2:15pm **Family Rec.**

POOL AVAILABILITY KEY:

Adult Recreational Swim

Family Recreational Swim

FAMILY REC SUPERVISION REQUIREMENTS:

Children that can't stand with their mid-chest, head, and chin out of the water, must always be within arm's length of an actively involved adult caregiver who is in the water with the child; or be wearing a properly fitted United State Coast Guard (USCG) approved personal flotation device (PFD).

During recreation times, children 8 years of age and under must have a designated guardian(over the age of 18) supervising them in the pool area.

Children ages 9-12 may be in the pool area without an on-deck supervising adult, but a supervising adult MUST remain in the pool-viewing area and easily accessible in the event of emergencies.

LANE SWIMMING TIPS:

- One lane in the Olympic pool can safely and comfortably accommodate 6-8 swimmers.
- Practice circle swimming by swimming on the right side of the lane at all times.
- For safety, we recommend waiting until you reach the wall to pass swimmers.
- Always enter the pool feet first - no diving.
- If you would like to know the exact number of lanes available for your swim time, please call (212) 369-8890 x2245.