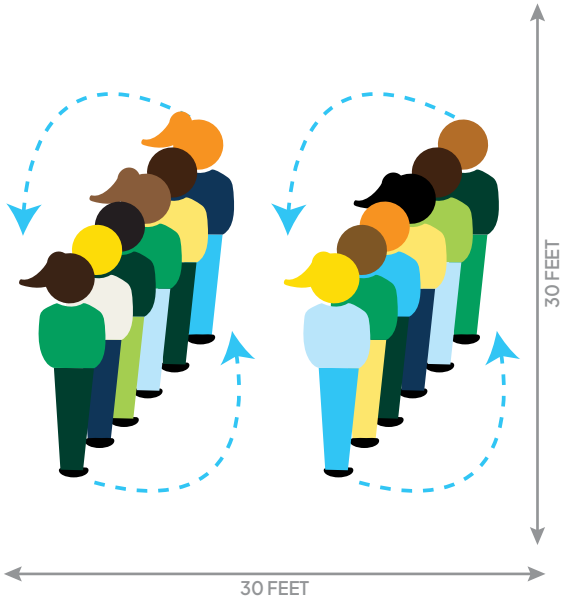
BIG FOOT

CATEGORY:	ENVIRONMENT:	GRADES:	BACKUP GAMES:
RELAY RACES	GYM	K-5	PIZZA DELIVERY / HIGH-FIVE RELAY

READY

Equipment: none
Set-Up: square or rectangle boundary
Number of Students: 20 +
Time: 15 minutes +



EXPLAIN

1. Make teams with an equal number of players. Have each team line up standing heel-to-toe, and holding onto the shoulders of the player in front of them.
2. When I say "**GO**", the last player in line must run to the front of the line and touch their heels to their teammate's toes.
3. The next player last in line will go after the previous player makes it to the front on the line.
4. The first team to make it to the finish line wins.

✓ **Check For Understanding:**

- How do you stand in line before we start?
- What do you do when I say "**GO**"?

GAME TIP:

Demonstrate a round before you start.

CONFLICT RESOLUTION TIP:

Have the students cheer each other on.

OUTDOOR TIP:

Use cones to identify start and end lines.

PLAY → REP IT OUT!

- **EASY:** Have players walk.
- **MEDIUM:** Have players hop.
- **HARD:** Have players back-pedal.